Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation	'Move With' Physical Literacy Scheme - beginner	Move With' Physical Literacy Scheme - beginner	Move With' Physical Literacy Scheme - beginner	Move With' Physical Literacy Scheme - beginner	Move With' Physical Literacy Scheme - beginner	Move With' Physical Literacy Scheme - beginner
Year 1	'Move With' Physical Literacy Scheme- intermediate	'Move With' Physical Literacy Scheme- intermediate	'Move With' Physical Literacy Scheme- intermediate	'Move With' Physical Literacy Scheme- advanced	'Move With' Physical Literacy Scheme- advanced	'Move With' Physical Literacy Scheme- advanced
	General Body Control Agility Balance Coordination	Skipping Jumping Underarm Throwing	Balance Throwing Catching Ground Bowling	Moving with a ball Marching Jogging Kicking	Evading defenders Dribbling Fast feet Ladders	Agility Side step Pivot turn and twist Heading/catching
Year 2	Athletics	Striking and Fielding Games	Invasion Games	Dance	Gymnastics	Net and wall Games
Year 3	Swimming/Athletics	Swimming/Striking and Fielding Games	Swimming/Invasion Games	Swimming/Dance	Swimming/Gymnastics	Swimming/Net and wall games

CS Striking and Fielding Ga		Outdoor and Adventurous	Gymnastics	Net and wall Games
Fielding	Games/Dance	Outdoor and Adventurous/Gymnastics	Outdoor and Adventurous/Net and Wall games	Intra and Inter school competitions
Fielding	Games/Dance	Outdoor and Adventurous/Gymnastics	Outdoor and Adventurous/Net and wall games	Intra and Inter school competetions
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