

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation	<i>'Move With' Physical Literacy Scheme - beginner</i>	<i>Move With' Physical Literacy Scheme - beginner</i>	<i>Move With' Physical Literacy Scheme - beginner</i>	<i>Move With' Physical Literacy Scheme - beginner</i>	<i>Move With' Physical Literacy Scheme - beginner</i>	<i>Move With' Physical Literacy Scheme - beginner</i>
Year 1	<i>'Move With' Physical Literacy Scheme- intermediate</i>	<i>'Move With' Physical Literacy Scheme- intermediate</i>	<i>'Move With' Physical Literacy Scheme- intermediate</i>	<i>'Move With' Physical Literacy Scheme- advanced</i>	<i>'Move With' Physical Literacy Scheme- advanced</i>	<i>'Move With' Physical Literacy Scheme- advanced</i>
	<i>General Body Control Agility Balance Coordination</i>	Skipping Jumping Underarm Throwing	Balance Throwing Catching Ground Bowling	Moving with a ball Marching Jogging Kicking	Evading defenders Dribbling Fast feet Ladders	Agility Side step Pivot turn and twist Heading/catching
Year 2	Athletics	Striking and Fielding Games	Invasion Games	Dance	Gymnastics	Net and wall Games
Year 3	Swimming/Athletics	Swimming/Striking and Fielding Games	Swimming/Invasion Games	Swimming/Dance	Swimming/Gymnastics	Swimming/Net and wall games

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4	Athletics	Striking and Fielding Games	Invasion Games/Dance	Outdoor and Adventurous	Gymnastics	Net and wall Games
Year 5	Athletics	Striking and Fielding Games/Dance	Invasion Games/Dance	Outdoor and Adventurous/Gymnastics	Outdoor and Adventurous/Net and Wall games	Intra and Inter school competitions
Year 6	Athletics	Striking and Fielding Games/Dance	Invasion Games/Dance	Outdoor and Adventurous/Gymnastics	Outdoor and Adventurous/Net and wall games	Intra and Inter school competitions