

<b>Year Group</b>	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Foundation</b>	<i>'Move With' Physical Literacy Scheme - beginner</i>	<i>Move With' Physical Literacy Scheme - beginner</i>	<i>Move With' Physical Literacy Scheme - beginner</i>	<i>Move With' Physical Literacy Scheme - beginner</i>	<i>Move With' Physical Literacy Scheme - beginner</i>	<i>Move With' Physical Literacy Scheme - beginner</i>
<b>Year 1</b>	<i>'Move With' Physical Literacy Scheme- intermediate</i>	<i>'Move With' Physical Literacy Scheme- intermediate</i>	<i>'Move With' Physical Literacy Scheme- intermediate</i>	<i>'Move With' Physical Literacy Scheme- advanced</i>	<i>'Move With' Physical Literacy Scheme- advanced</i>	<i>'Move With' Physical Literacy Scheme- advanced</i>
	<i>General Body Control Agility Balance Coordination</i>	Skipping Jumping Underarm Throwing	Balance Throwing Catching Ground Bowling	Moving with a ball Marching Jogging Kicking	Evading defenders Dribbling Fast feet Ladders	Agility Side step Pivot turn and twist Heading/catching
<b>Year 2</b>	Athletics	Striking and Fielding Games	Invasion Games	Dance	Gymnastics	Net and wall Games
<b>Year 3</b>	Swimming/Athletics	Swimming/Striking and Fielding Games	Swimming/Invasion Games	Swimming/Dance	Swimming/Gymnastics	Swimming/Net and wall games

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Year 4</b>	Athletics	Striking and Fielding Games	Invasion Games/Dance	Outdoor and Adventurous	Gymnastics	Net and wall Games
<b>Year 5</b>	Athletics	Striking and Fielding Games/Dance	Invasion Games/Dance	Outdoor and Adventurous/Gymnastics	Outdoor and Adventurous/Net and Wall games	Intra and Inter school competitions
<b>Year 6</b>	Athletics	Striking and Fielding Games/Dance	Invasion Games/Dance	Outdoor and Adventurous/Gymnastics	Outdoor and Adventurous/Net and wall games	Intra and Inter school competitions